



-Revolutionary Autonomous Communities-

Who We Are, What we believe, What We Fight for!

WE ARE A REVOLUTIONARY FEDERATION OF COMMUNITY COUNCILS AND LIBERATED SPACES BASED IN OCCUPIED COMMUNITIES MADE UP OF OPPRESSED PEOPLE OF COLOR, WE ARE A HORIZONTAL ORGANIZATION BUILDING SELF-SUSTAINABILITY AND CREATING THE STRUCTURE, STRATEGY, AND PROGRAM FOR CHANGE THROUGH DIRECT PARTICIPATORY FORMS OF ORGANIZING AND A DECISION-MAKING PROCESS BASED ON CONSENSUS.

WE STAND AGAINST ALL FORMS OF OPPRESSION: MPERIALISM, CAPITALISM, WHITE SUPREMACY, PATRIARCHY, FASCISM, HETEROSEXISM AND THE DOMINATION OF HUMAN OVER HUMAN & HUMAN OVER ALL LIVING THINGS INCLUDING MOTHER EARTH. WE BELIEVE AND WE FIGHT FOR AUTONOMY, SELF DETERMINATION, ORGANIZATION AND THE SELF DEFENSE OF OUR COMMUNITIES.

OUR STRATEGY FOR DECOLONIZATION, LAND AND LIBERTY INCLUDES OUTREACH, POPULAR AND POLITICAL EDUCATION, DIRECT ACTION, COMMUNITY PROGRAMS, EMPOWERMENT, SUPPORT, PHYSICAL TRAINING AND MUTUAL AID, SO PEOPLE CAN BUILD SELF RELIANCE AND GAIN THE SKILLS, RESOURCES AND THE EXPERIENCE TO LIBERATE THEMSELVES. IN STRINING FOR FREEDOM, WE WORK TO DECOLONIZE OUR MINDS BY EMBRACING OUR INDIGENOUS ROOTS AND PRACTICES. WE FIGHT FOR LAND! "PEACE WITHOUT LAND AND LIBERTY IS NOT PEACE."

REVOLUTION COMES FROM THE PEOPLE NOT A VANGUARD PARTY; IT IS AN INDIVIDUAL AND COLLECTIVE PROCESS WHERE WE DESTROY THE SYSTEM WHILE WE CREATE CHANGE WITHIN OURSELVES AND THE WORLD. THE BEST WAY TO SHOW OUR SOLIDARITY TO THE PEOPLE OF THE WORLD IS TO BRING THE WAR HOME, AND TO BRING DOWN AMERIKKKAN IMPERIALISM WHILE WE STRUGGLE TO BUILD INTERNATIONALISM AND INTERCOMMUNALISM.

WE FIGHT FOR FREEDOM AND WON'T SETTLE FOR LESS!



Cop Watch Los Angeles - GC check-a-pig

CHECK-A-PIG | KNOW YOUR RIGHTS

TYPES OF STOPS

It is very important that you understand why an officer is stopping someone and what their rights are when they are stopped. Determine exactly what kind of stop the officer is making.

Consensual Stop

This is when the cop approaches and begins talking to you. The cop may even ask to see your ID. You don't have to show it. Ask the cop "Am I free to go?" or "Am I being detained?" You don't have to talk to the cop or even remain in the area unless the cop says "No, you can't go" and has a reasonable suspicion to detain you. However, the cop doesn't have to tell you why you are being detained.

Detention

The police are allowed to detain you if they have a "reasonable suspicion" to believe that you have committed or are about to commit a crime. The officer must have some reason for stopping you. They can't just say that you don't look like you live in the neighborhood or that they "had a hunch". The detention should be limited in its purpose and scope. They can conduct a pat search of the outside of your clothing in order to check for weapons, but you DO NOT HAVE TO CONSENT TO A SEARCH of your pockets or bags. You do not have to answer any questions except to identify yourself and give your address.

Arrest

This means that you are in police custody and you are being charged with a crime. You will be thoroughly searched as part of the booking process. You have a right to know why you are being arrested. Penal Code section 841 says that "The person making the arrest must, on the request of the person he or she is arresting, inform the latter of the offense for which he or she is being arrested". Even though police often won't tell you, you have the right to remain silent and the right to a lawyer. Don't give up these rights.

Apples

Protects your heart Prevents constipation Blocks diarrhea Improves lung capacity **Cushions** joints

Cabbage

Combats cancer **Prevents constipation Promotes weight loss Protects your heart** Helps hemorrhoids

Cherries

Protects your heart **Combats Cancer Ends insomnia** Slows aging process

Bananas

Protects your heart Quiets a cough Strengthens bones Controls blood pressure Blocks diarrhea

Cantaloupe

Saves eyesight Controls blood pressure Lowers cholesterol Combats cancer Supports immune system

Chili peppers

Aids digestion Soothes sore throat Clears sinuses **Combats Cancer** Shields against Alzheimer's Boosts immune system

Beans

Prevents constipation Helps hemorrhoids Lowers cholesterol Combats cancer Stabilizes blood sugar

Carrots

Saves eyesight Protects your heart **Prevents constipation** Combats cancer Promotes weight loss

Oranges

Supports immune systems Combats cancer Protects your heart Straightens respiration

Know Your Food, Know

Foods That Heal

Onions

Reduce risk of heart attack Combats cancer Kills bacteria Lowers cholesterol Fights fungus

Rice

Protects your heart **Battles diabetes** Conquers kidney stones Combats cancer Helps stops strokes

Strawberries

Combats cancer **Protects your heart Boosts memory** Calms stress

In the aftermath of the Police Riot at MacArthur Park on May 1, 2007 and the continued police repression on the community by the LAPigD and ICE, Revolutionary Autonomous Communities (RAC), continued to organize to empower our community, our people, ourselves. Creating structures for change we began by Sharing the most basic of needs, Food! In these difficult times of dire economic crisis there is an urgency to act, more so for people of color who suffer firsthand the vicious consequences of capitalism and are always at the bottom of the economic power structure. We continued to organize under principles of mutual aid and self determination and brought together a network of people from the community working together to help supplement working families with fruits and vegetables as a step in defending our communities from the economic state of affairs and a step forward towards change through direct participatory action.

In a city as large as Lost Angeles the economic disparities are stunning. What is even more dramatic is the drastic conditions many suffer just to live here. A city with so much, many live with so little. Economic refugees who are given no choice but to accept an unequal standard of living and are forced to suffer out of sight of the gentrification. Understanding the importance a healthy diet has in the development and sustainability of our community, we looked for ways to help.

Living within a system that puts profits over people, much of the excess food in Lost Angeles like many other major cities is thrown away rather than be given to folks who could use the food. Working with Guerilla Food Not Bombs we began to ask for donations in the way of boxes of fruits and vegetables that where too ripe for store shelves but still very fresh and ready to eat.

On December 2, 2007 RAC began its weekly distribution in the park. We started out very small with just a few boxes of yellow squash, chiles and broccoli. We set up on the street and began to give them away to whoever passed by and needed them. A few people were not so sure what to make of us just giving away free fruits and vegetables. Many people asked us questions and we shared our process with those interested and passed out flyers on RAC and the food program. We let them know we would be back next week. Afterwards we discussed and questioned our approach and method of organizing. We tried to identify mistakes and areas in which we could improve. We began the dialogue that would continue to find ways to progress for each following week.

Each week we looked to build on the previous week and set out to get as many donations as possible to be able to meet greater needs. Depending on the number of people that came out to help each week we set up in a different way. We passed out flyers about the food program to share with the community what we're trying to build. More people from the community began to get involved in the program and began to share with us ways in which we greatly improved our efforts. As we began to generate more support we were able to acquire more donations which resulted in more food. We've been able to increase the quantity and quality of food and now offer bread as well as a bag of rice and beans. The donations have been used to purchase the rice and beans that we are now able to have consistently on a weekly basis.

We are now serving over 100 families and we will continue to organize and fight to keep our community from being another casualty of Amerikkka!!!

EDITORIAL

It was Sunday and I was at MacArthur park watching a soccer game. Suddenly I saw a group of people. I didn't understand what was going on. I started to walk closer. I was surprised when someone offered me fruits and vegetables and said, "do not worry, everything is free." I replied, "Free, okay thank you."

When I took a couple of bags one of the comrades asked me if I knew somebody who has a car and I said to him, "how can I help you?" I showed him my car, it was across the street, and he said, "that's good if you can come with us on Friday mornings to collect the food." I said, "Ok, I'm going with you if I have time." He said, "ok."

The first time I didn't have time to go, but I said then there is my car able to go pick-up the stuff. Well, that's how I became a part of the food program.

What goes around Comes around Mientras haiga vida Hay esperanza

Now I'll try to share with other people different ways on how make the food program grow.

The System is In Trouble!

Things are moving and changing, and there is potential for revolutionary change within the empire. You know that the system is in trouble when the Democratic Party is running a Black Man and a Woman for president of the US. Barak Obama himself is running with a stamp slogan of "Change." It is without doubt that people want change. This is the reason why the Democrats (who don't represent the interests of people of color, women, working class, unemployed, queer people or anybody who is oppressed in fact) is running these two candidates. They want to bring back into mainstream—american politics all those who dream of change.

The question is can we rely on the same government that has created these current conditions? A government that has exterminated Natives, enslaved Africans, continues to steal land and colonize people, has 2 million people behind their prisons, and maintains their power through a fascistic military state. The history of this country is one of genocide, mass torture and rape and cannot go on any longer. Is it enough to put a token president in their White House and have the people settle for the lesser of two evils?

They only see fit for people to get involved in "decision making" every four years during their elections. While the rest of the time their media is used to keep us passive and out of their institutional power structure. They rather have us in their prison and military industrial complex. We are just slaves to them, but the reality is that we DO have the power to take back our lives and our communities. Working-class indigenous people and colonized people run this empire and the world.

Revolutionary Autonomous Communities believes that we have to create our own institutions where in our neighborhoods we can organize ourselves, feed ourselves, defend and protect ourselves, educate ourselves, and change the conditions OURSELVES. We cannot wait for change to happen on its own, or for someone to bring change to our doorstep. We have to begin to build that change where we live, where we work, where we go to school, and in general wherever we are. Change will not happen by putting who they conceive to be the "right person" to rule over us.

No one individual can create the change we want to see. We need a revolutionary movement. This will only happen with the same working class, indigenous and colonized people in the forefront. That means that those who are working for a different world have to start building together. The state understands the times as well, that is why they are setting precedents and targeting those who are resisting and who are fighting for revolution. The Black Riders Liberation Party in Los Angeles and the Puerto Rican Independence Movement are some examples where the state has targeted people who are putting in work to bring about this change. The reason why they attacked the May 1st Immigrant rights march in McArthur Park is because the power structure is afraid of the growing movement.

Revolutionary Autonomous Communities (RAC) is currently building alliances with organizations with similarities to us, so we can begin laying down the foundation for a revolutionary movement within this beast that is called america. We also understand that "our solidarity with others is our best defense." The state will seek to isolate revolutionary organizers from the people, so we have to seek to build those alliances (around principled unity, simultaneously continuing to dialogue over our differences) while we build our base in the community.

This change we dream of is urgent, but "our dreams will never fit inside their ballot boxes."

Links / Resources

LOCAL LINKS:

Black Riders Liberation Party

blackriderslp@yahoo.com

Community Action Network (LA-CAN)

Website: www.cangress.org

Copwatch LA Guerilla Chapter- 1 (877) 8No-Cops

www.copwatchla.org

www.myspace.com/copwatchla

Critical Resistance (Los Angeles Chapter)

Phone: (323) 238-0596

Website: www.criticalresistance.org Email: crla@criticalresistance.org

De Todos Para Todos Blog

Website: detodos-paratodos.blogspot.com

D.I.Y. Zine

Beyond The Wall Magazine (On Health and Punk)

Website: www.diyzine.com

East Side Cafe (ESC)

Website: www.eastsidecafe.revolt.org

Address: 5469 Huntington Dr., El Sereno, CA, 90032

Frente Contra Las Redadas- (562)236-3939

http://www.myspace.com/fcr_la

J.U.I.C.E.

Website: rampartjuice.com

Los Angeles Indy Media

Website: la.indymedia.org

Mothers For Justice

Website: www.mothersforjustice.com

October 22nd Coalition

Website: www.myspace.com/october22nd_la

Pico Youth and Family Center

Website: www.picoyouth.org/index.html

Q-Team (Queer and Trans Youth of Color Multi-issue organizing)

Office: P.O. Box 1448, Cudahy, CA. 90201

Phone: (323) 219-8207 Email: qteam@hotmail.com Website: www.qteamla.org

Raise the Fist Silence is Defeat! Website: www.raisethefist.com

RAC- Revolutionary Autonomous Communities

rac@riseup.net

Silenzio Statico (Screenprinting) Website: www.silenziostatico.com

Seeds of Struggle

Strategies for Education, Equity and Dignity

Website: www.seedsofstruggle.org

The Southern California Library for Social Studies and Research

Website: www.socallib.org

Address: 6120 South Vermont Ave., Los Angeles, CA 90044

Youth Justice Coalition

Website: www.youth4justice.org

Email: freelanow@yahoo.com Phone: (323)235-4243

NATIONAL/INTER-REGIONAL LINKS

AK Press

Website: www.akpress.com

Anarchist Panther

Website: http://www.anarchistpanther.net/

Art by Eric Drooker

Website: www.drooker.com

Berkeley CopWatch

Website: http://www.berkeleycopwatch.org/

Families and Friends of Prisoners Emergency Response Network
Website: http://www.emergencyresponse.cc

IIIVox: Anarchism+Race

Website: www.illvox.org

Left Turn: Notes from the Global Intifada

Website: http://www.leftturn.org/

Malcolm X Grassroots Movement

Website: http://mxgm.org/

National Jericho Movement

Website: http://www.thejerichomovement.com/

Not My Government

Website: http://www.notmygovernment.com/

Ricanstruction

Website: http://www.ricanstruction.net/

Republic of Lakota

http://www.republicoflakotah.com/

INTERNATIONAL LINKS

Asemblea Popular de los Pueblos de Oaxaca (APPO)
Popular Assembly of the People of Oaxaca

Website: www.asambleapopulardeoaxaca.com

Alianza Magonista Zapatista (AMZ) Website: http://espora.org/amz/

Ejercito Zapatista de Liberación Nacional (EZLN)

Website: www.ezln.org.mx

La Otra Campana

Website: www.enlacezapatista.ezln.org.mx

Tropolic. Trim.comacozapaticia.czm.org.mix

Guerrero, México

Website: www.policiacomunitaria.org

Zabalaza Anarchist-Communist Front, South Africa

Policía Comunitaria en Guerrero México/Autonomous Police in

Website: www.zabalaza.net

Black Riders Liberation Party

An evening of workshops and an open discussion withe BRLP.

323-872-2864 323.873.8016

blackriderslp@yahoo.com

Saturday April 26th, 6-9 p.m. So Cal Research Library 6120 S. Vermont AVE.